



Before School Breakfast Menu

The following is available for Breakfast between 6:30am to 8am every day:

Wholemeal & multigrain café sliced bread, dairy free butter, jam, various nut-free spreads. Various cereals, Cornflakes, Rice Bubbles, Nut Free Muesli, Porridge, Sultana Bran. Occasional hot breakfast may include hashbrowns, pancakes, bacon, waffles, croissants, French toast, muffins, various Toasties including ham & cheese; cheese; and smashed avocado. Fresh seasonal fruit and yoghurt are also served. Smoothies and Milo occasionally served.

Afternoon Tea Menu

Week of:

Week 1: 13th-17th July

Week 5: 10th-14th August

Week 9: 7th-11th September



Nachos



Antipasto Platter



Yogurt & Granola



Garlic Bread



Banana Bread &
Yoghurt



**A variety of fresh
seasonal fruit is also
served every day.**

Week of:

Week 2: 20th-24th July

Week 6: 17th-21st August

Week 10: 14th-18th August



Rice Crackers,
Cheese, Carrots,
& Salsa



Garlic Bread



Banana Bread &
Yoghurt



Nachos



Pikelets

Week of:

Week 3: 27th-31st July

Week 7: 24th-28th August



Antipasto Platter



Yogurt & Granola



Nachos



Rice Crackers,
Cheese, Carrots
& Salsa



Garlic Bread

Week of:

Week 4: 3rd-7th August

Week 8: 31st August

-4th September



Rice Crackers,
Cheese, Carrots
& Salsa



Banana Bread &
Yoghurt



Garlic Bread



Nachos



Pikelets

Please note that substitute menu items are available for children who have food allergies and intolerances or for cultural and religious reasons. Please make these arrangements directly with the Centre Coordinator. Alternative snacks include rice crackers, plain popcorn, gluten free garlic bread/banana bread, & cereal and dairy-free yoghurt. Menu is subject to change.

**A detailed copy of this menu
can be downloaded from our
website:**

currumbinkidsclub.com.au

Term 3 Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Before School Care:	**FRESH FRUIT IS SERVED DAILY IN ADDITION TO OUR BELOW BSC & ASC MENU**				
	Breakfast served 6:30am to 8:00am: Wholemeal & multigrain café sliced bread, dairy free butter, various spreads. Various cereals, Cornflakes, Rice Bubbles, Nut Free Muesli, Porridge, Sultana Bran; yoghurt and dairy-free yoghurt. Occasional hot breakfast.				
After School Care Week of: 13 th -17 th July 10 th -14 th Aug 7 th -11 th Sept	Nachos Corn chips with melted cheese and mild salsa <i>(*Request plain corn chips for a dairy-free option)</i> <i>(Allergens: Dairy/Lactose)</i>	Antipasto Platter Cabanossi; Olives; Seedless Grapes and/or Sultanas; Cheese Cubes; & Carrot Sticks <i>(*Skip the cabanossi for a vegetarian option)</i> <i>(Allergens: Dairy/Lactose)</i>	Yoghurt and Muesli <i>*Dairy-free Vita Soy Yoghurt also available for children who are dairy free</i> <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>	Garlic Bread <i>*Free-From Garlic Bread</i> also served for those who are GF/DF <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>	Banana Bread & Yoghurt <i>*Free-From Banana Bread</i> also served for children who are GF/DF <i>*Dairy-free Vita Soy Yoghurt</i> also available <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>
20 th -24 th July 17 th -21 st Aug 14 th -18 th Aug	Rice Crackers Cheese Cubes; Carrot Sticks & Salsa <i>(Allergens: Dairy/Lactose)</i>	Garlic Bread <i>*Free-From Garlic Bread</i> also served for those who are GF/DF <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>	Banana Bread & Yoghurt <i>*Free-From Banana Bread</i> also served for children who are GF/DF <i>*Dairy-free Vita Soy Yoghurt</i> also available <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>	Nachos Corn chips with melted cheese and mild salsa <i>(*Request plain corn chips for a dairy-free option)</i> <i>(Allergens: Dairy/Lactose)</i>	Pikelets served with jam <i>*Gluten-free pikelets available</i> <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>
27 th -31 st July 24 th -28 th July	Antipasto Platter Cabanossi; Olives; Seedless Grapes and/or Sultanas; Cheese Cubes; & Carrot Sticks <i>(*Skip the cabanossi for a vegetarian option)</i> <i>(Allergens: Dairy/Lactose)</i>	Yoghurt and Muesli <i>*Dairy-free Vita Soy Yoghurt also available for children who are dairy free</i> <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>	Nachos Corn chips with melted cheese and mild salsa <i>(*Request plain corn chips for a dairy-free option)</i> <i>(Allergens: Dairy/Lactose)</i>	Rice Crackers Cheese Cubes; Carrot Sticks & Salsa <i>(Allergens: Dairy/Lactose)</i>	Garlic Bread Bread Roll, Butter, Garlic <i>*Free-From Garlic Bread</i> also served for those who are GF/DF <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>
3 rd -7 th Aug 31 st Aug - 4 th Sept	Rice Crackers Cheese Cubes; Carrot Sticks & Salsa <i>(Allergens: Dairy/Lactose)</i>	Banana Bread & Yoghurt <i>*Free-From Banana Bread</i> also served for children who are GF/DF <i>*Dairy-free Vita Soy Yoghurt</i> also available <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>	Garlic Bread Bread Roll, Butter, Garlic <i>*Free-From Garlic Bread</i> also served for those who are GF/DF <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>	Nachos Corn chips with melted cheese and mild salsa <i>(*Request plain corn chips for a dairy-free option)</i> <i>(Allergens: Dairy/Lactose)</i>	Pikelets served with jam <i>*Gluten-free pikelets available</i> <i>(Allergens: Gluten/Wheat; Dairy/Lactose)</i>