

Vacation Care Menu Week 1

Breakfast Menu

The following is available for Breakfast between 6:30am to 8am every day:

Wholemeal & multigrain café sliced bread, dairy free butter, jam, various nut-free spreads.

Various cereals, Cornflakes, Rice Bubbles, Nut Free Muesli, Porridge, Sultana Bran.

Fresh seasonal fruit and yoghurt are also available each day.

Occasional hot breakfast may include hashbrowns, pancakes, bacon, waffles, croissants, French toast, muffins.

Afternoon Tea Menu

(Week of 29th June - 3rd July)

Monday



Pikelets

Tuesday



Antipasto Platter

Wednesday



Quesadillas: Cheese,
Ham & Cheese,
Vegemite & Cheese

Thursday



Nachos

Friday



Party Pies & Sausage
Rolls



A variety of fresh seasonal fruit is also served every day.

Please note that substitute menu items are available for children who have food allergies and intolerances or for cultural and religious reasons. Please make these arrangements directly with the Centre Coordinator. Alternative snacks include soy yoghurt, plain popcorn, rice crackers, gluten free muffins & cereal. Menu is subject to change. Any changes will be advised via Xplor

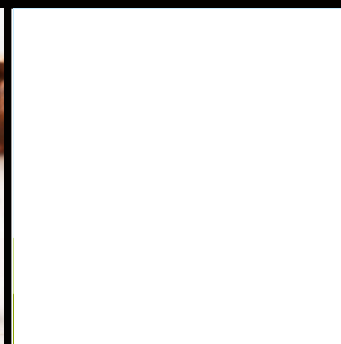
Cooking Club:



Teddy Racing Cars



Rocky Road



Pizza scrolls

Vacation Care Menu Week 2

Breakfast Menu

The following is available for Breakfast between 6:30am to 8am every day:

Wholemeal & multigrain café sliced bread, dairy free butter, jam, various nut-free spreads.

Various cereals, Cornflakes, Rice Bubbles, Nut Free Muesli, Porridge, Sultana Bran.

Fresh seasonal fruit and yoghurt are also available each day.

Occasional hot breakfast may include hashbrowns, pancakes, bacon, waffles, croissants, French toast, muffins.

Afternoon Tea Menu

(Week of 6th - 10th July)

Monday



Banana Bread

Tuesday



Yoghurt & Muesli

Wednesday



Sandwiches: Ham & Cheese, Chicken & Lettuce, Vegemite & Cheese, Jam

Thursday



Garlic Bread

Friday



Antipasto Platter



A variety of fresh seasonal fruit is also served every day.

Please note that substitute menu items are available for children who have food allergies and intolerances or for cultural and religious reasons. Please make these arrangements directly with the Centre Coordinator. Alternative snacks include soy yoghurt, plain popcorn, rice crackers, gluten free muffins & cereal. Menu is subject to change. Any changes will be advised via Xplor

Cooking Club:



Milo Balls



Skateboard Cookies

			
Pikelets: freshly cooked from pancake mix (no eggs added)	Antipasto Platter: Cabanossi, cheese cubes, rice crackers, and sultanas	Quesadillas: Flour Tortillas toasted with Cheese; Ham & Cheese; or Vegemite & Cheese Alternative: Dairy-free cheese Gluten free wraps	Nachos: Corn Chips topped with melted cheese and served with mild salsa Alternative: Dairy-free cheese or plain corn chips available
			
Party Pies and Sausage Rolls served with Tomato or BBQ sauce Vegetarian option: Spinach & Ricotta Triangles	Banana Bread: Freshly made banan bread served with yoghurt Alternative: Dairy-free and gluten free available	Yoghurt and Muesli: Toasted Muesli and yoghurt Alternative: Dairy-free yoghurt available	Sandwiches: Wholemeal bread, Ham & Cheese, Chicken & Salad, Vegemite, Jam options available Alternative: Dairy-free cheese Gluten free wraps
	<u>Cooking Club:</u> 		
Garlic Bread: heated and served Alternative: Gluten & Dairy Free Garlic Bread available	<u>Fri, 03/07 Cooking Club</u> <u>Pizza Scrolls:</u> Puff pastry, Tomato pizza sauce, ham, salami and cheese (DF available)	<u>Mon, 29/06 Cooking Club</u> <u>Tiny Teddy Racing Cars:</u> Mini Brownie/Cake Bar; Tiny Teddy; M&Ms; and icing or melted choc. (Gluten-Free; Dairy-Free ; Egg-Free alternatives will be provided)	<u>Wed, 01/07 Cooking Club</u> <u>Rocky Road:</u> Melting chocolate (DF available), marshmallows, red frogs and scotch finger biscuits (GF available)
		<u>Tues 07/07 Cooking Club</u> <u>Milo Balls:</u> Milo, arrowroot biscuits (GF available), condensed milk and desicated coconut	<u>Thurs 09/07 Cooking Club</u> <u>Skateboard Cookies:</u> Milk arrowroots, chocolate rolls, icing, sprinkles and M&Ms