

## 4.3 Hygiene Policy

For the ongoing and general health and safety of the children, the service strives to ensure, for its children and educators, a standard of general hygiene which complies, at a minimum, with legal requirements and, as far as reasonably possible, with the standards expected in the wider community.



### Relevant Laws and other Provisions

The laws and other provisions affecting this policy include:

- *Education and Care Services National Law Act, 2010 and Regulations 2011*
- *Duty of Care*
- *Work Health and Safety Act 2011*
- *National Quality Standard 2.1 Each child's health and physical activity is supported and promoted*
- *Policies: 4.1 – General Health and Safety, 4.2 – Infectious Diseases, 4.4 – Preventative Health and Wellbeing, 4.5 – Illness and Injury, 4.9 Children's Toileting, 4.12 – Non Smoking, 5.1 – Food Handling and Storage, 5.5 – Cleaning and Sanitising.*



### Procedures

#### Use of gloves

When preparing food, cleaning, or otherwise having contact with bodily fluids (e.g. blood, mucus, vomit, urine, faeces, etc.), disposable gloves will be worn.

Used gloves are to be carefully and securely disposed of immediately after use.

Educators are responsible for advising the Coordinator (or other responsible person) to ensure that there is always an adequate store of disposable gloves available.

#### Hand Hygiene

The best way to prevent the transmission of disease is through effective hand hygiene, which removes both dirt and germs from the hands. This will be performed in the first instance with soap and running water, and/if soap and water is not available, a hand sanitiser will be used.

#### Soap and Water

Educators will wash their hands, and ensure that children wash their hands, thoroughly with soap, water and single use paper towel:

- Before handling, preparing and eating of food;
- Prior to and after giving first aid;
- After toileting, handling of animals or other activities which could lead to the spread of infection;
- After coughing, sneezing or blowing their nose; and

- After contact with/cleaning of body fluids (blood, mucus, vomit, urine, faeces etc.).

Hand Sanitiser

Children with visible dirt, grease or food on their hands will be directed to clean their hands with soap and water (when and where possible), rather than use a hand sanitiser.

Hand sanitiser does not replace soap and running water however, they are effective in certain situations, such as when soap and running water are not available. To use a hand sanitiser:

- Apply the recommended amount onto dry hands;
- Rub hands together so the hand sanitiser comes in contact with all parts of the hands; and
- Keep rubbing until the sanitiser has evaporated and hands are dry.

Hand sanitisers will be kept at various stations throughout the service and should only be used with supervision.

Noticeable signs/posters will be placed around the service to alert children to the need for and the steps to follow for effective hand hygiene.

Educators will endeavour to observe children's practices when performing hand hygiene providing verbal reminders of effective procedures to follow.

<b>DATE DEVELOPED</b>	<b>DATE RATIFIED</b>	<b>DATE REVIEWED</b>	<b>DATE RATIFIED</b>
August 2018	August 2018	October 2021	October 2021
		April 2023	June 2023
		September 2025	October 2025